

Curriculum Vitae

First name: sedigheh

Surname: soheilikhah

Date of Birth: 19/02/1964

Place of Birth: Yazd, Iran

Qualification: Medical Doctor (Internist and Endocrinologist)

Nationality: Iranian

Marital Status: Married, 2Children

Address:

1. Home:

Nom: 17, Borzoo, Asef, Zafaranih, Valiasr, Tehran, Iran

Tel: +98(21) 22429796

2. Work:

A) Endocrinology Department, Shahid Sadoughi

Hospital, Yazd, Iran

Tel: +98(351) 8224000-9

Fax: +98(351) 8224100

B) Endocrinology Department,

Day General Hospital, Tehran, Iran

Tel: +98(21) 88880819

Fax: +98(21) 88797353

E-mail: S_Soheilykhah@yahoo.com

Educational Background:

1994- 1996- Endocrine subspeciality in Shahid Beheshti university, Tehran ,Iran

1989-1992 - Residency in Internal Medicine, Esfahan University of Medical Science and Health Services, Esfahan , Iran

1983-1989- Doctorate of Medicine, Esfahan University of Medical Science and Health Services, Esfahan , Iran

1982- Diploma, Mahdieh high school, Yazd, Iran

Personal Interest:

Photography and Working with computer

Certifications:

Medical Doctor, Esfahan University of Medical Science and Health Services, Esfahan, Iran

Specialist in Internal Medicine, Esfahan University of Medical Science and Health Services, Esfahan , Iran

Subspeciality of Endocrinology and Metabolism. Shahid Beheshti University .Tehran , Iran

IOF osteoporosis Diagnosis course ,with densitometry certification .Tehran,Iran. 8-9 March 2008

Interprofessional Wound Care Course 2007. University of Toronto/ University of Tehran International.

Diabetic foot management course .Dubai ,Nov 2009

Employment and Professional Experiences:

1992-Present Assistant Professo of internal medicine and , Endocrine Department, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran.

1994-present Membership of Iranian Endocrine Society,

1992-present Membership of Iranian Internal Medicine Society

- 1994--present** Membership of Iranian Diabetes Society.
- 2004 -2006-** Membership of American Diabetes Association.
- 1992-Present** Membership of Education Development Committee, Shahid Sadoughi University of Medical Science and Health Services, Yazd, Iran
- 1992-Present** Membership of Research Committee, Yazd University of Medical Science, Yazd, Iran
- 1994-present** Membership of Yazd Diabetic Research Center, Iran
- 1994-present** consultant of Journal of Yazd University of medical science and health services. Yazd , Iran
- 2005-Present** Endocrine Department Day General Hospital, Tehran, Iran
- 2007- present** Head of Gestational diabetic Clinic in , Shahid Sadoughi University of Medical Science and Health Services, Yazd, Iran
- 2007- present** Head of Diabetic Foot diabetic Clinic in , Shahid Sadoughi University of Medical Science and Health Services, Yazd, Iran

Report of teachings:

1-Teaching of Endocrinology course and pathophysiology of endocrine and metabolism for medical student, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran ,from 1992to present.

2-Teaching of Endocrinology course for Internal medicine Residency, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran from 1994 till now.

3-Teaching of Endocrinology course for Para medicine student, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran from 1994 till now.

4-Teaching of _Endocrinology course for medical student, Azad University of Medical Science, Yazd, Iran from 1993-1997.

5-Bedside Teaching of _Endocrinology course for medical student, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran from 1992 till now.

6-Bedside Teaching of Endocrinology and Internal Medicine course for medical interns, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran from 1992 untill now.

7-Bedside Teaching of Endocrinology and Internal_course for Internal Medicine residents, Shahid Sadoughi University of Medical Science and Health Services, Shahid Sadoughi Hospital, Yazd, Iran from 1992 till now.

8-Setting up seminars and congress about Endocrinology and metabolism.

A) Workshops:

International Congress on diabetes and its Complications. Head of Diabetic foot assesmen tworkshop. 2009

International Congress on diabetes and its Complications. Head of gestational diabetes management workshop. 2009

Continious Education workshops about Endocrine Disease 1992-present

B) Presentation

International Congress

1-Third congress of the world union of wound healing societies.The effect of self management education on foot care

status and metabolic control in diabetic patients.Toronto 4-8 june ,2008.(**ORAL**)

2-17th congress of the European Academy of Dermatology And venerology. Evaluation of patient education on foot self care status in diabetic patients.17-24 september2008. (**Poster**)

3- The 7th Athens Congress on Womens Health and diseases.Maternal vitamin D status in gestational diabetes .11-13 september 2008(**Poster**).

4- International Congress on diabetes and its Complications.Frequency of gestational diabetes mellitus in urban population of Yazd.May 2009. .(**ORAL**)

5- International Congress on diabetes and its Complications. Comparison of the effects of sodium Metavanadate and Zinc sulfate supplementation on lipid and glucose in patients with type 2 diabetes .May 2009. . (**Poster**).

6- International Congress on diabetes and its Complications . Maternal serum CRP concentration in gestational diabetes.May 2009. (**Poster**).

7- International congress of Diabetes and pregnancy .Soronto , Italy.
Maternal serum Resistin concentration in gestational diabetes. 2009. (**Poster**)

8- Leptin concentration in gestational diabetes.Second Endocrine congress, Isfahan ,Iran 2009. (**Oral**)

9- An appropriate test for diagnosis of gestational diabetes mellitus. International congress of Endocrine disorders, Isfahan, Iran 2010 (**Oral**).

10- The effect of Vitamin D supplementation on incidence of gestational diabetes . The 6th international symposium on diabetes and pregnancy.Austria march 2011 (**poster**)

11- The effect of Vitamin D supplementation on neonatal outcome The 6th international symposium on diabetes and pregnancy. Austria march 2011 (**poster**)

12-The effect of zinc supplementation on insulin resistance in the first degree relatives of diabetic patients . 4th international congress on prediabetes and metabolic syndroms. Madrid April 201. (**poster**)

Publiucation

A- books:

Hirsutism section of Endocrine and metabolic disease

B-Articles:

Iranian journal

1- Measurement of thyroid volume by ultrasonography in tehranian inhabitant. Iranian Endocrine and metabolism Journal, 1994(4),286-294

2- Endocrine abnormality in thalassemic patients in yazd .shahid sadoughi university journal, 2000 (1)7.

3- Evaluation cause of amenorrhea in patients referring to yazd Endocrine clinic.Shahid sadoughi university journal .2000(3).56.

4-Evaluation cause of short stature in patients referred to endocrine clinics of yazd. .shahid sadoughi university journal, 2001(1)76.

5-No increase of Hyperthyroidism after iodine supplementation in Tehran. Gillan University Journal. 2002, 11 (4), 7-12.

6- Acceptance of drug consumption in patients with diabetes type 2 in Shariati and Emam Hospital in Tehran .Journal of the Iranian Institue for health science Research (Payesh),2005,2(4),103-111.

7- Comparison of two types of Metformin (ARIA CO. And MERCK CO) in type 2 Diabetic Patients : Double blind randomized clinical trial. Iranian Journal of Diabetes and Lipid Disorders ,2005 ,5(1): 49-58.

8- Case report of cholestatic hepatitis after technetium-99m in diabetic patient. Shahid Sadoughi University Journal, 2007.

9- Seyed Khalil Forouzannia, Seyed Mohammad Mohammadi, Seyed Jalil Mirhosseini, Mohammad Hossein Abdollahi, Seyed Hossain Moshtaghion, Habibbolla Hosseini, Seyed Ali Banifateme, Seyed Mehdi Hosseini, Sedigheh Soheilykhah, Hamza Dehghanizade, Mohammad Afkhami-Ardekani. Comparing Effects of Continuous Insulin Infusion with or without Subcutaneous Glargine Insulin on Glycemic Control in Diabetic Patients Undergoing Coronary Artery Bypass Graft (CABG). Iranian Journal of Diabetes and Obesity 2009;1(1):5-10

International journal

1. Monitoring iodine following Consumption of iodized salt in tehrani inhabitants: Int J Vitam Nutr Res. 2000 Mar; 70(2):65-9
2. Soheilykhah S, Mohammadi M, Mojibian M, Rahimi S, Rashidi M, Afkhami-Ardekani M. Maternal Serum Adiponectin Concentration in Gestational Diabetes. Gynecological Endocrinology 2009; 1-4.
3. Self-management education on foot care status and metabolic control in diabetic patients.(pending)
4. Soheilykhah S, Mojibian M, Rahimi S, Rashidi M, Soheilykhah S, Piroz M. Incidence of gestational diabetes mellitus in pregnant women. Iranian journal of reproductive medicine 2010; 8(1)
5. Soheilykhah S, Mojibian M, Rahimi S, Rashidi M. Maternal Plasma Leptin Concentration in Gestational Diabetes. Taiwanese Journal of Obstetrics & Gynecology 2011;50 :149-153
6. Soheilykhah S, Mojibian M, Rahimi S, Rashidi M. Maternal serum CRP concentration in Gestational Diabetes. Iranian Journal of Diabetes and Obesity.(accepted)
7. Sedigheh Soheilykhah, Mahdieh Mojibian, Maryam Rashidi, Soodabeh Rahimi-Saghand, Fatemeh Jafari. Maternal Vitamin D Status in Gestational Diabetes Mellitus. Nutrition in Clinical Practice 2010; 25 (5).

8. Sedigheh Soheilykhah, Maryam Rashidi, Mahdieh Mojibian, Nahid Dara, Fatemeh Jafari. An appropriate test for diagnosis of gestational diabetes mellitus. *Gynecological Endocrinology* 2011
9. Sedigheh Soheilykhah, Maryam Rashidi, Farzaneh Dehghan, Golchehr kiani, Nahid Dara, Amin Souzani, Soodabeh Rahimi-Saghand. Prevalence of Peripheral Arterial Disease in Diabetic Patients. *Journal of Research in medical sciences*(Pending)
10. Sedigheh Soheilykhah , maryam Rashidi, Farzaneh Dehghan, Golchehr kiani , Nahid dara , Amin Soozani , Soodabeh Rahimi-saghand. Prevalence of peripheral neuropathy in diabetic patients (Pending)
11. Sedigheh Soheilykhah; mahdieh mojobian; soodabeh rahimi-saghand, maryam Rashidi. Maternal serum resistin concentration in gestational diabetes.(sending)
12. Sedigheh Soheilykhah, Mohammad Reza Dehestani, Seyed Mohammad Mohammadi, Mohammad Afkhami-Ardekani, Seyed Ahmad Eghbali, Farzaneh Dehghan. The Effect of Zinc Supplementation on Serum Adiponectin Concentration and Insulin Resistance in First Degree Relatives of Diabetic Patients. *Journal of diabetes investigation*(pending)

Thesis:

1. Medical student's thesis: "Outcome of Radioactive Iodine inpatients with hyperthyroidism after one year", Azad University of Medical Science and Health Services, faculty of medicine, Aug 2004.
2. Internal Medicine speciality Thesis "Endocrine abnormalities in patients with thalassemia." Shahid Sadoughi University of Medical Science and Health Services, faculty of medicine, Oct. 2004.
3. Medical student's thesis: Evaluation cause of amenorrhea in patients referred to endocrine clinic University, faculty of medicine, Sept 1998.
 - a. .
4. Internal Medicine speciality Thesis. Evaluation cause of short statue in patients referred to endocrine clinic" Shahid

Sadoughi University of Medical Science and Health Services,
Faculty of medicine, Sept 2004

5. Medical student's thesis. Serum vitamin D concentration in patient with Gestational diabetes and Impaired GTT and normal pregnant women. " Shahid Sadoughi University of Medical Science and Health Services, Faculty of medicine, Oct. 2009.
6. Internal Medicine speciality Thesis. The effect of Zinc Sulfate on serum adiponectin concentration and insulin resistance in first degree relatives of diabetic patients" Shahid Sadoughi University of Medical Science and Health Services, Faculty of medicine, Oct. 2009.
7. *The effect of Vitamin D on plasma adiponectin and insulin resistance in first degree relatives of diabetic patient.*
8. *The effect of Magnesium on plasma adiponectin and insulin resistance in first degree relatives of diabetic patient.*
9. Internal Medicine speciality Thesis. Effect of different doses of Vitamin D supplement on insulin resistance in gestational diabetes. Shahid Sadoughi University of Medical Science and Health Services, Faculty of medicine, Oct. 2009.
10. The effect of high dose of vitamin D supplementation on the incidence of gestational diabetes and neonatal outcome. Shahid Sadoughi University of Medical Science and Health Services, Faculty of medicine, 2011

Research activities:

- ❖ Incidence of gestational diabetes mellitus among pregnant women with one abnormal value of oral glucose tolerance test and evaluation of pregnancy outcome.
- ❖ Evaluation of iron parameters in gestational diabetes mellitus.
- ❖ Evaluation of Leptin, Adiponectin, Resistin, CRP, TNF α , IL1 and IL6 in gestational diabetes mellitus.

- ❖ Evaluation of Vitamin D and calcium in gestational diabetes mellitus.
- ❖ Prevalence of metabolic syndrome, impaired glucose tolerance and diabetes in first degree relative of diabetic patients.
- ❖ Prevalence of diabetic neuropathy and contributing factors in diabetic patients.
- ❖ Prevalence of Peripheral Arterial Diseases (PAD) and contributing factors in diabetic patients.
- ❖ Prevalence of cardiovascular diseases in diabetic patients with PAD
- ❖ Compare effect of Cilostazol and Pentoxifylline in diabetic patients with PAD.
- ❖ The effect of Magnesium on plasma adiponectin and insulin resistance in first degree relatives of diabetic patient.